

savvy scope

A Day in the Life



by Lindzi Scharf,
College Sophomore

Ah, yes – freedom! After being stuck under your parents' roof for what feels like a lifetime, you've been set free. It's time for your new life to begin! Between socializing and studying, it'll be difficult to catch some zzzs. Time management is killer... I can vouch for that. In addition to running Lindzi.com, producing radio gigs, and hosting television shows, I keep busy studying media management and broadcasting at my communications school. The key is to utilize your time wisely. Some learn this the hard way in their first semester, freshman year. (I definitely did!) Learn from my mistakes – and do not follow in these footsteps:

9:30 a.m.

Alarm goes off... maybe just five more minutes of sleep? Yeah, I can handle that. I'll skim through my literary essay on the way to class.

9:55 a.m.

Gotta' love sleeping in! Gotta' hate oversleeping! *Argh!* Better throw some clothes on and rush to the elevators – those things take forever!

10:00 a.m.

Expository Writing – Please, don't call on me. Please, don't call on me.

11:15 a.m.

Class dismissed [sigh]... I'm in the clear. Better read through that essay later. Definitely can't let that happen again. Tonight, I'm studying instead of hanging in Marjorie's room. Mmm, I'm hungry. Eat first. Then, shower.

12:00 p.m.

Is it just me or does everyone shower at the same time?!

12:15 p.m.

Finally... a shower!

12:45 p.m.

I'm primed and ready to start my day.

1:00 p.m.

Speech – Made the class crack up. Good times.

2:16 p.m.

The professor let us out late and I have a class across campus. Man, there's no way I'm getting the Freshman 15 if I have to do this hike every Monday, Wednesday, and Friday.

2:30 p.m.

Psychology – Made it just in the nick of time... only to find out we have a six-page paper due next week on Freud's interpretations of dreams!

3:45 p.m.

Time to relax. Break out the cookies and turn on the tube! Now, where's that episode of *Friends* I taped last week?

5:00 p.m.

Stress out about all of the assignments due within the next couple days. Talk to mom. Finally calm down and get to work.

7:00 p.m.

Grab dinner with friends.

8:00 p.m.

Get back to work.

10:00 p.m.

Head to Eric's room to socialize a bit.

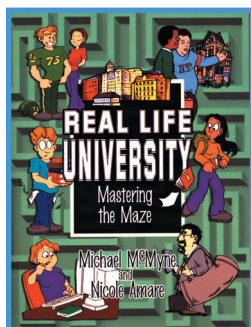
2:00 a.m.

Far too late, but my head finally hits the pillow. I need to work on my sleeping habits. Better get my beauty sleep so I can do it all over again tomorrow!

Real-Life Advice,

But Nothing You Haven't Heard Before

At first, this book looks like another "inside-look at college life" guide, which would be pretty cool. Real life experience and info on everything about college life is always helpful. *Real Life University* (Premium Press America, 2002), on the other hand, comes across like a motivational book on how to find yourself and get through college, without any real *new* info. It's all pretty basic stuff. It even gets a little preachy and comes across more like a lecture than an advice book (a reoccurring theme is to suck it up and figure out your life right now!).



Authors Michael McMyne and Nicole Amare say you have to decide what you want to do with your life before you even go to college, a pretty tough decision for a 17-year-old kid.

It does offer some good advice, but not so much for getting by in college, as for life in general. They stress good communication skills and how you present yourself. There's also plenty of advice on setting goals and how you can reach them, but it's nothing you haven't heard before.

~ Jason Olexa

Fail



Say NO to Binge Ranking

You can usually count on The Princeton Review to see where your school ranks among the rest, but pretty soon, you may need another way to find out how hard your campus actually parties.

Hot Topic



The American Medical Association's "A Matter of Degree" program has asked The Review to drop its "Top Party School" ranking category from its annual *Best Colleges* guide. They say the ranking glorifies high-risk drinking and promotes the idea that alcohol is an important part of the college experience.

The Princeton Review has considered dropping the party ranking for years, but fears doing so will affect the guide's popularity and sales.

~ J.O.